

Weekly Events

Monday

8:30am Exercise Video (FC)
 9 am Woodwork Shop (WS)
 9:15am SS Water Aerobics (P)*
 10 am Nature Trail Rides (see back of calendar)
 10:15am Arthritis Exercise Class (FC)
 10:30am German Class (NL)
 11am Knitting/Crocheting/Needlework (V)
 1pm Crafts (SR)
 1:30pm Wii Bowling (CLR) (3rd Mon - 1SCR)
 3-4pm Wellness Clinic (WO)
 4-6pm Social Hour (B)
 7pm Scrabble (3NGR)

Tuesday

7:30am Beginning Yoga (C)*
 9-Noon Train Room Open (TR)
 9:15am YMCA Water Aerobics (P)*
 11:30am Brain Benders (PS)
 1:30pm Chapel (communion on 1st Tues) (GH)

Wednesday

8:30am Exercise Video (FC)
 9am Woodwork Shop (WS)
 9:15am Body & Balance (FC)
 10am Coffee Hour (GH)
 1:45-2:15pm Mini-Arthritis Exercise (FC)
 2:15-2:45pm Fitness Q&A (FC)
 4-6pm Social Hour (B)
 5:30pm Beginning Ballroom Dance (FC)
 6:30pm Intermediate Dance (FC)

Thursday

7:30am Beginning Yoga (C)*
 9:15am YMCA Water Aerobics (P)*
 10am Rosary (GH)
 11am Lone Duck Farm Produce (B)
 11am-Noon Pathfinders Clinic (WO)
 3 pm Nature Trail Rides (see back of calendar)
 4-6pm Social Hour (B)
 7pm Current Events (PS)

Friday

8:30am Men's Coffee (TOTR) except 3rd Friday
 8:30am Exercise Video (FC)
 9-10 am Wellness Clinic (WO)
 9:15am SS Water Aerobics (P)*
 10:15am Arthritis Exercise Class (FC)
 1pm Pinochle (NL)
 2pm Billiards (3SGR)
 3-4pm Wine & Cheese (TOTR)

Saturday

7pm Bingo (STF)-bring 25c and wrapped prize

***SIGN-UP OR TICKET REQUIRED FOR EVENT**

Cedar Ridge Events Calendar – July 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Sheepshead – (CLR) Mon, Tues, Wed, Fri, Sat and Sun at 6:30 pm Thursdays at 12:30 pm	TOTR HOURS BREAKFAST – Tuesday & Thursday 7:30 – 9:30 a.m. LUNCH - Tuesday – Friday 11:30 a.m. – 2 p.m. DINNER Monday – Saturday 4 – 6:30 p.m. (7:30 p.m. for Friday Fish Fry)	BURGER MONDAYS 11:30-1:30 p.m. TOTR phone # 262-338-2812		¹ 10 a.m. Catholic Mass (GH) TOTR Friday Fish Fry Specials	² 5-6pm TOTR Piano Selections Mary Daley TOTR DINNER ONLY Prime Rib Crab Cake
³	⁴ 8 a.m. Advanced Hiking (L) Noon – 1 p.m. SAE Potluck* TOTR Closed for the 4th of July	⁵ TOTR Chicken & Biscuit Grilled Pork Chops	⁶ Noon – Party Bridge TOTR* TOTR Chef Salad Swiss Steak	⁷ 9:30 a.m. West Bend Library Outreach (CLR) TOTR Italian Hoagie Ham & Asparagus Crepes	⁸ 8-4:30 p.m. Hearing Evaluations (1NER) * 11- 1:30 p.m. Mystery Lunch Tour * TOTR Friday Fish Fry Specials	⁹ 5-6pm TOTR Piano Selections Vera Kuckuk TOTR DINNER ONLY Prime Rib Chicken Cordon Bleu
¹⁰	¹¹ Lymphedema Class (& set up) July 8- 17 th in Club Room TOTR Soup Buffet 4-6:30 p.m. Liverwurst & Onions on Rye Coney Dog	¹² 10 a.m. Women’s Lutheran Bible Study (T) 10 a.m. Personal Emergency Response System Informational meeting (GH) 3:30-4:30p.m. Fitness Center Orientation (FC) 7 p.m. Easy Days Quartet (GH) TOTR Build your Own Salad Bar Chicken Parmesan	¹³ 11:15 a.m. SAE Meeting (T) 1 p.m. Ice Cream Social – Sponsored by Volunteers (PS) TOTR Tuna Melt Maple Cedar Glazed Beef Roast	¹⁴ Noon – Cribbage* TOTR 1:30 p.m. Personal Emergency Response System Informational meeting (GH) TOTR Chicken Lettuce Wrap Liver & Onions	¹⁵ 8:30 a.m. Men’s Breakfast (TOTR)* TOTR Friday Fish Fry Specials	¹⁶ 5-6p.m. TOTR Piano Selections Mary Daley TOTR DINNER ONLY Prime Rib Grilled Shrimp Kabobs
¹⁷	¹⁸ 8 a.m. Advanced Hiking (L) 1 p.m. Parkinson’s Support Group (GH) 3 p.m. New Comers Club - GH TOTR Soup Buffet 4-6:30 p.m. Ham Salad on a Croissant or BLT	¹⁹ TOTR Italian Beef Sandwich Grilled Chicken w/ Summer Couscous	²⁰ 1:00 p.m. Lutheran Community Service (1SCR) 7 p.m. Gary’s Classic Entertainment (GH) TOTR Gyro Country Style Ribs & Kraut	²¹ 8-4:30 p.m. Hearing Evaluations (1NER)* 2 p.m. Cedar Cinema “The Lady in the Van (GH) TOTR Chicken Cobb Salad Spaghetti & Meatballs	²² TOTR Friday Fish Fry Specials	²³ 5-6p.m. TOTR Piano Selections Jared Peterson TOTR DINNER ONLY Prime Rib Salmon w/ Cucumber Sauce
²⁴ 2-4 p.m. SAE- Game Day Shuffle Board Courts ³¹ 2-3:13 p.m. Patrick Thompson In Concert w/ Friends. (GH)	²⁵ 8-4:30 p.m. Hearing Evaluations (1NER) * 10 a.m. Executive Board Resident Council Meeting (T) 1:00 p.m. Monday Mission Quilters & More (SR) 1:30 p.m. Piano Recital by Cedar Community Music Intern(GH) TOTR Soup Buffet 4-6:30 p.m. Turkey & Swiss on Rye or Meatball Sub	²⁶ 8-4:30 p.m. Hearing Evaluations (1NER) * 10 a.m. Women’s Lutheran Bible Study (T) TOTR Chicken Bowl Chopped Steak w/ Mushrooms & Onions	²⁷ 9 a.m. Nimble Thimbles (SR) TOTR Turkey Club Salad Pork & Watermelon Kabobs	²⁸ 3 p.m. Stations of the Cross (1NER) TOTR Blackberry Salad w/ Pork Chicken & Dumplings	²⁹ TOTR Friday Fish Fry Specials	³⁰ 5-6p.m. TOTR Pig Roast Check flyer for details

BIRTHDAYS

7/2 – Shirley Gruber
7/8 - Albert Prost
Leila Schulteis
7/9 - Mary Wohlwend
7/12 - Frank Mrazik
7/13 - Rose Mary Freimann
Alice Weidner
7/14 - Helen Larsen
7/15 – Leona Russell
7/16 - Ruth Wolf
7/17 - E J Parvin
Helen Reinke
7/19 - Loretta Louis
Glen Schrubbe
Richard Seekins
Steve Zacher
7/20 - Jack Pretre
Paula Pretre
7/24 - Ro Grund
Myrna Hazelwood
Janice Horne
Jo Leaverton
Elizabeth Techtman
7/27 - BettieJane Garriott
7/28 - Patricia Rieger
Janet Roberson
7/29 - Gilbert Southwell
7/30 - Audrey Hilgendorf
Barbara Landis
7/31 – Marlene Muesch
Donald Richter

July Coffee Hours:

7/6 – **Brian Pilz – Hiked the Appalachian Trail**
7/13 – **Charlotte Freeman- Open Forum - Human Resources Director at Cedar Community**
7/20 – **Sheryl Smith & Laurie McCann – NAMI- National Alliance for Mental Illness**
7/27 – **Shalom Wildlife Sanctuary**

Cedar Ridge Market Café Specials and Hours –July

Monday-Friday: 8am to 5pm (deli closes at 2pm)

Saturday: 8am to 2pm

Weekly Sandwich Specials:

See menu board for soup and coffee of the day!

June 27- July 2: Reuben Panini

July 5 – 9: Turkey Bacon Ranch Wrap

July 11 - 16: Herbed Tuna Panini

July 18 – 23: Buffalo Chicken Panini

July 25 – 30: Roast Beef Cheddar Melt Panini

July Programs at Cedar Valley

Call 262-629-9202 or visit www.cedar-valley.org to reserve a spot

July 8, 9, & 10 (9 am-4pm daily) Watercolor Excitement with Joyce Fesley

Welcome to Cedar Ridge!

\$343 - Kathy Parker
\$118 - Don & Annetta Teske
N310 - Carole Oldenburg
\$345 - Jack & Barb McLean
\$135 - Ron & Patricia Henke
N251 - Marlene Quirk

SUMMER FUN

NATURE TRAIL “BUG” RIDES – beginning May 16th

Mondays at 10 am and Thursdays at 3 pm – Leaving from the Cedar Bay West carport. Open to all Cedar Ridge and Village residents –Please call to reserve your spot for a ride (no rides if a holiday is on a Monday or Thursday).

For the MONDAY 10 am ride, contact Frank Laycock at 334-4932

For the THURSDAY 3 pm ride, contact Jim Stuetgen at 353-3012

FREE PONTOON BOAT RIDES - Fridays beginning on June 10th

- Sign up at the Cedar Ridge main bulletin board
- Departure from the Cedar Ridge lobby at 12:30 pm.
- Rides may be canceled at the last minute due to inclement weather

FISHING ON BIG CEDAR LAKE - Tuesdays & Thursdays at 6am

Bring your own equipment and bait and meet at the north boat dock.

Fishing license required. Open to Cedar Ridge and Village resident.

To reserve your spot contact: Clyde Crass – mornings (334-0082)

For additional dates & times, contact Bonnie Amerling at 306-4218.

Remember you must have a trained skipper to drive the boat.

Room Key:

3RD Floor

TOTR – Top of the Ridge

3NGR – 3rd Floor North Game Room

3SGR – 3rd Floor South Game Room

2nd Floor

GH – Grand Hall

T – Terrace Conf. Room (off Grand Hall)

TR- Train Room

1st Floor

C-Conservatory

B – Bistro

CLR – Club Room

LO – Lobby

NL – North Library

PDR – Private Dining Room

P – Plaza

PS – Performance Square

V – Veranda

1SCR – 1st Floor South Conf. Room

1NER – 1st Floor North Education Room

Ground Floor

FC – Fitness Center

WO – Wellness Office

SL – South Library

MR – Music Room

P – Pool

STF – Staff Lounge

SR – Sewing Room

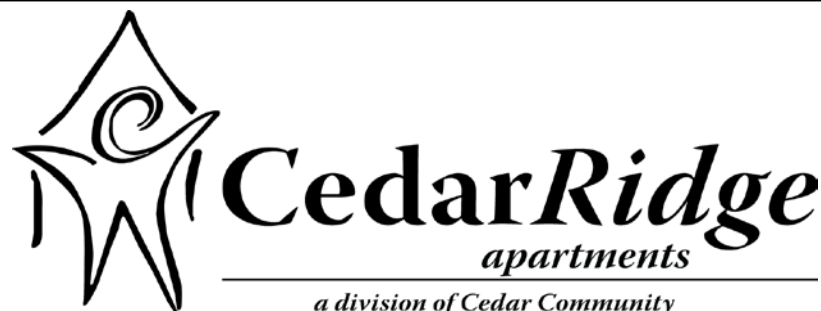
Other

BBC – Bocce Ball Court

SC – Shuffle Board Court

CS – Ceramic Studio

WS – Woodwork Shop



If your group has updates or changes to events (times, locations, etc) please send all calendar updates to Holli Thierer. You can drop off a note for her mailbox at the front desk, call her at 262.338.2814 or email her at hthierer@cedarcommunity.org

Changes need to be to Holli by the 20th of the month in order to make it onto the next calendar!